



ROB PFEIFFER, M.Ed., RC, is a registered counselor with training in various PTSD modalities. Rob has been counseling, teaching, and coaching in colleges, universities, and high schools around New England for over 30 years. He operates his private counseling practice in Hope and Camden and specializes in relationship work. He is a trained Project Adventure leader and an experienced group facilitator. Rob served in Vietnam as a Reconnaissance Platoon Leader and earned a Bronze Star and a Purple Heart. He is a charter member of Veterans for Peace. Rob is committed to supporting the health, healing and integration of veterans returning from war.

To learn more, visit:

www.PfeifferCounselingServices.com

Veterans Helping Veterans



Therapeutic Opportunities for Veterans

Who want to Heal
The wounds of War

Counseling
PTSD support
Groups
Body work

A VFP Supported Project

**Are you a veteran?
Are you tired of feeling
Anxious, Irritable,
Depressed?**

Have you given up on having a productive and satisfying life? Are you suffering from nightmares, flashbacks, fear of intimacy, unexplained rage, and/or debilitating depression which keeps you in bed or in a closed, safe space? Do you have trouble in crowds or around situations where loud noises and surprises create overwhelming anxiety? Are you avoiding people and social situations? Are you having trouble maintaining daily responsibilities?

Here is an opportunity to address the pain you may have been trying to leave behind or ignore. Perhaps this is the opportunity you have been waiting for to get the support and help you need

Contact:
Rob Pfeiffer, Coordinator
69 Elm Street, Suite 102
The Wellness Center
Camden, Maine 04843
207-236-3777

**Are you a veteran, committed
to your own healing, but
you're not sure where to turn?**

Rob Pfeiffer came home from Vietnam in 1969 and did not speak of his war experience for twenty years, even as a helping professional. Rob wants to support other returning veterans in having a more healthy, supportive re-entry. That is why Rob, as a Veterans For Peace member, asked the Maine VFP chapter for some financial support to help serve veterans who may have limited funds or resources to get the help they need.

Once a veteran makes contact with Rob, a meeting will be established and together a treatment plan will be created to support the specific needs of the individual veteran. Options for treatment may include group and/or individual counseling, EMDR® and EFT® (proven therapeutic modalities to treat PTSD); various types of bodywork including acupuncture, Jin Shin Jyutsu®, massage, and more. Rob and his network of trained practitioners understand and have experience treating trauma. Payment for services is offered at a rate commensurate with the veterans' ability to pay (in some cases, FREE) and the veteran will be offered choices all along the way.

Request to be contacted:

Name: _____

Address: _____

Phone(H): _____
(W): _____
E-mail: _____
_____ cut here _____

This opportunity is offered based on the generous support of The Maine Veterans For Peace Organization. Availability of funds is limited. Any individual reading this brochure who would like to learn more about financial donations or other means of supporting this effort to help our Maine veterans is encouraged to contact Rob or go to the VFP website to learn more.

www.vfpmaine.org